



The AcuMen Men's Group --

Operating since 2012, I am pleased to announce the ongoing success and continuation of The AcuMen Men's group: a peer learning forum for men. This group utilizes a proven, structured conversational model that promotes learning, effective self-expression, catharsis, and camaraderie. It balances participation, listening, and talking.

This group is for men functioning at a high level; it is *not* a remediation *nor* psychotherapy group. The learning comes from the experience of the men in the group. Topics are chosen by the participants; each man will seek to have his own questions answered. The group will provide its information and wisdom; each man will choose his answers. There is no lecturing and no lesson plan.

What will we talk about? Each week the men identify and choose topics that are of interest to them and which are grounded in the experience of the group. These topics are likely to include work/career, marriage, children, parents, family, money, love, lust, divorce, relationships, health/wellness/fitness, making decisions, change and so on.

The AcuMen Men's Group

Spring: Six Mondays **or** Tuesdays from 6:30 pm to 9:30 PM (arrive between 6:15 and 6:27)

Autumn: Three Mondays **or** Tuesdays

Autumn Retreat: Three days, two nights on a weekend (recommended but optional; with additional fee). Held within three hours of Madison.

Where: Scott Savage Consulting, 583 D'Onofrio Dr. #202 Madison, WI 53719

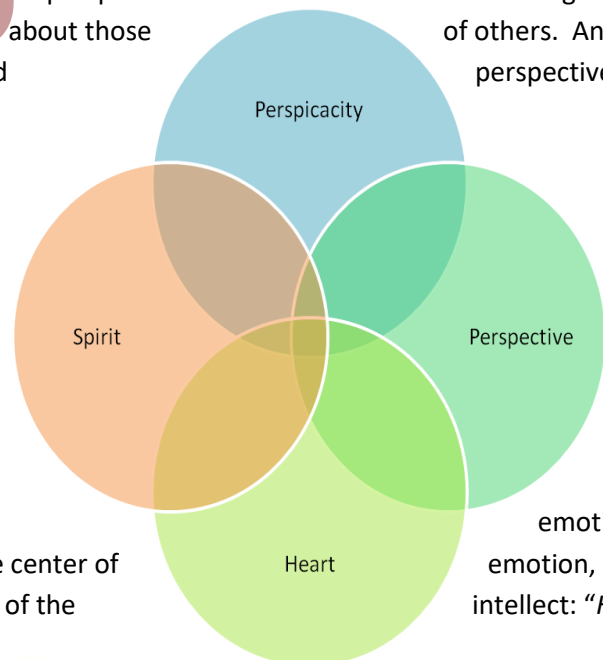
What will I get from participating? You will hear the perspectives of about your own challenges and opportunities and about those you will be able to share your own experience and the benefit of the other men.

Perspicacity: - keenness of mental perception and understanding; discernment.

Perspective: - the state of one's ideas, the facts known to one, etc., in having a meaningful interrelationship. Looking at an issue from multiple perspectives is helpful.

Heart: - the center of the total personality, especially with reference to intuition, feeling, or "In your heart you know I'm an honest man." - the center of especially as contrasted to the head as the center of the

the men in the group of others. And perspective for



emotion: emotion, intellect: "His



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head told him not to fall in love, but his heart had the final say”.

Spirit: - the principle of conscious life; the vital principle in humans, animating the body or mediating between body and soul. The activating or essential principle influencing a person, “he acted in a spirit of helpfulness.”

How does it work? In the group we speak from our own experience, not that of others, and not from theory. Participants *present issues, ask questions, and share reactions and experience.* **We do NOT give advice.** Each man will receive an allotment of time. Meetings will be facilitated by Scott Savage who has extensive training and experience leading peer learning groups.

What’s out? Participants are **not** allowed to give advice, to grandstand, dominate discussions nor hog the time. We are **not** there to talk politics, sports, proselytize, convince one another nor sell anything.

Participants are expected to be free of the influence of alcohol and other psychoactive drugs (caffeine excepted) during the meetings.

Commitment: The group will develop over time, so attendance is vitally important. Arrive on time, stay for the whole time, agree to follow the process, and miss no more than 2 sessions.

Notice: Prior to beginning, we will vet applicants for any conflicts of interest that would interfere with productive group functioning.

How much: \$325 for the nine-meeting series. Includes coffee, tea and water. You are welcome to bring your dinner and/or snacks along if you wish. Please pay by check or cash at the first meeting. The autumn retreat requires an additional fee.

Participation is limited to 9 men. Contact Scott with questions and to reserve your spot.

Scott@SavageGroup.Biz 608-215-4254.

Please pass this information along to anyone else you know who in joining us.

might be interested

